# TOP FORUMS & GROUPS

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**Google+ Communities**

Weight Loss Eating

<https://plus.google.com/communities/100559965823868268677>

Healthy Eating

<https://plus.google.com/communities/109406525251372845354>

Diet & Weight Loss

<https://plus.google.com/communities/101680372523069461403>

Healthy Living

<https://plus.google.com/communities/106583748714548203919>

Eating Healthy

<https://plus.google.com/communities/117964449015181138008>

**Forums**

Money Saving Expert

<http://forums.moneysavingexpert.com/showthread.php?t=3773919>

Body Building

<http://forum.bodybuilding.com/showthread.php?t=125916003>

Fast Day

<https://forum.fastday.com/5-2-diet-chat-f6/topic4412.html>

Recipe Community

<http://www.recipecommunity.com.au/content/clean-eating>

Real Self

<https://www.realself.com/forum/losing-weight-clean-eating-organic-vegan>